

A day of fasting

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BIG SANDY, Texas—Believers around the world are observing the Day of Atonement. Like all of God's Feast days, this day is rich in meaning.

As Christians, we focus upon the role of our Savior Jesus Christ in the observance of this day.

The book of Hebrews talks a great deal about the significance of this day. We know that the high priest went into the holy of holies once a year to offer a sacrifice for himself and for the errors of the people (Hebrews 9:7).

Under the New Covenant, there is no physical tabernacle or physical temple.

Believers are the spiritual temple—as mentioned in places like Acts 17:24, 1 Corinthians 3:16-17, Ephesians 2:19-22 and 1 Peter 2:5.

Jesus Christ is the Lamb without blemish (1 Peter 1:19-20).

Jesus Christ is also the High Priest (Hebrews 2:17-18; 3:1; 4:14-16; etc.)

Believers are conquerors of the enemy because of various blessings.

- Christ suffered and died for us.
- The Father raised Him from the tomb.
- God lives within His physical people today.
- Christ set an example of how to resist the devil.

When the devil came to tempt Christ in the wilderness, He was prepared because He had fasted (Matthew 4:1-11).

We realize that Christ instructed His disciples to conduct personal fasting throughout the year (Matthew 6:16-18).

And we also enjoy the blessing of fasting as a body of believers (Leviticus 23:27 and Acts 27:9).

May God grant you spiritual blessings in your day of humble supplication before Him.