

Yahweh is My Deliverer

Daniel Hammons / Saturday, February 7, 2026

Deliverance / Psalm 18:1–22; Exodus 3:7–15

Introduction

Psalm 18:1–2

The Westminster Dictionary of Theological Terms (Second Edition) Deliverance deliverance (Lat. *deliberare*, “to liberate”) The act of being freed, liberated from a constraint. It describes the liberation of Israel from Egypt ([Exod. 14:13](#)) and Israel’s future glory ([Ps. 14:7](#); [Isa. 51:5](#); [56:1](#)). Theologically, it is liberation from the power of sin, through Jesus Christ.

The Westminster Dictionary of Theological Terms (Second Edition) Deliverer deliverer One who brings safety or salvation ([Judg. 3:9, 15; 18:28](#)). God is a deliverer of the people ([2 Sam. 22:2](#); [Pss. 70:5; 140:7](#)). Theologically it is an aspect of the anticipation of a messiah in the OT, which Christians see fulfilled in the work of Jesus Christ.

Psalm 18:1–19

Deliverance From Egypt

Psalm 34:17–19

Psalm 50:14–15

Psalm 91:9–16

2 Corinthians 1:9–10

Exodus 3:7–15

Deliverance From Sin

Matthew 6:13

Colossians 1:9–14

Galatians 1:3–5

Conclusion

Psalm 34:17–19

Psalm 18:2

Psalm 91:14–15

Psalm 145:8–9

Lamentations 3:22–26

Isaiah 43:1–3

Psalm 18:1–22

What does the psalmist mean when he refers to Yahweh as 'my deliverer'? Is there a distinction between physical and spiritual deliverance?

How does the concept of deliverance in Psalm 18 compare to the New Testament understanding of deliverance through Jesus Christ?

In what ways can we call upon Yahweh in our own times of trouble, as David did?

How can the understanding of Yahweh as our deliverer affect our daily lives and decision-making?

What do the phrases 'my rock' and 'my fortress' signify in the context of the psalm?

How does the Old Testament portrayal of deliverance in the Exodus story relate to the New Testament concept of salvation?

In what ways can you think of Yahweh being your deliverer in situations you face daily?

How does the sermon suggest that God's deliverance is both a past event and a present reality?

What practices can we adopt to strengthen our relationship with Yahweh so that we may experience His deliverance more fully?

How can we encourage our friends to seek deliverance through faith in Yahweh?

How does understanding Yahweh as our deliverer shape our view of modern challenges and struggles?