ANNOUNCEMENTS

Church of God Big Sandy

ChurchofGodBigSandy.com

May 8, 2021 • 1:00 p.m. • Sunset 8:05

Bible studies

Interactive study—1:00 p.m.	$\ldots \ldots JerryThompson$
Presentation study—2:00	Wynn Skelton
	(Also transmitted live)

Order of service—3:00 p.m.

Song leader	Ron Avey
Pianist	Bea Gusner
Scripture reading	Psalm 119:1–16
Sermon	Wynn Skelton

Quick takes

- Welcome to guest speaker—The congregation welcomes Wynn Skelton. He
 is scheduled to give the presentation Bible study at 2:00 and the sermon at
 the 3:00 church service.
- 2. Pastor's trip—Today, Dave Havir is visiting a congregation in Texarkana.
- Nomination phase—May is the time for our congregation to nominate people to be included in the election phase (in June) for our church board.
- 4. Wednesday-night Bible study on May 12 at 7:00—People are encouraged to attend in the building or via a live transmission.
- 5. Day of Pentecost on May 16—The congregation will observe the Day of Pentecost on Sunday, May 16. Following is the schedule.

■ 1:00 p.m.	Interactive study
2:00	Presentation study—by Dave Havir
	(Also transmitted live)
3:00	Church service—sermon by Reg Killingley
4 :00	Enhanced finger foods

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6. Upcoming guest speakers—We are pleased to announce that a few guest speakers will be visiting us in the coming weeks.

Today
May 29
June 12
June 19
June 26
Wynn Skelton
Blake Silverstein
Larry Watkins
Jim Johns
Wynn Skelton

- 7. Follow-up interactive seminar on May 15—David and Melodee Eishen are scheduled to continue the lively discussion of the book *Take Cover: Finding Peace in God's Protection* on May 15. (The first seminar was on Feb. 27, and the second seminar was on April 24.)
 - Date—Saturday, May 15
 - Time—1:00 to 2:30 p.m.
 - New and returning participants are welcome.
 - Food will be again be included.
 - Attendees can eat during the discussion.
 - A handout with the main discussion points will be provided.
 - Copies of the previous handout will be available for those who did not attend the first seminar.
 - This interactive seminar will not be recorded or be a live transmission.
- 8. Feast coordinators—Here are the Feast coordinators for the three sites that are presently planned for this year.

Big Sandy
 Destin
 Myrtle Beach
 Ron and Linda Avey
 Ken and Janice Tate
 Lyle and Kathy Kerby

9. Feast of Tabernacles housing—Recently, we posted information about Feast housing for the sites in Destin and Myrtle Beach.

■ Destin Pelican Beach Resort

■ Myrtle Beach Avista Resort

- 10. No school banquets in the building this year—Due to the covid virus, the Big Sandy High School is having smaller banquets (for sports and music) in its facility—rather than the larger annual May events in our building.
- 11. Edifying the Body—This week's article is "Information About Messenger RNA (mRNA)" by Dave Havir.
- 12. Among Friends—This week's article is "Surviving in an Angry World—Part 3" by Dave Havir.
- 13. Eye on the World—This week's "Eye on the World" is 42 pages. (Because of a family trip by the Cartwrights, this edition was completed on Wednesday, and therefore it does not have the latest news.)
- 14. Since the bulk of this bulletin was completed on Wednesday, it does not have the normal amount of health updates.

Prayer updates

Please remember to pray for the following people who live at home but are not able to regularly attend our church service—Sonny Rosenberger, Laura Moran, David Bonilla, Annette Payne, Ronnie Shirley and Timberly Dunnam.

Please remember to pray for the following people who are living at Legend Oaks Nursing Home in Gladewater—Ron Feaker and Elaine Holloway.

In last week's bulletin, we mentioned that **Ronnie Shirley** was anticipating a PET scan in the coming weeks. He informed us that it is now scheduled for June 16.

On Wednesday, Laura Moran visited a cardiologist. The results of her EKG were good. On Monday, she is scheduled for an echocardiogram.

Although **Dennis Benson** of Prescott Valley, Ariz., is feeling better, please keep him in your prayers.

New prayer requests

Melinda Johnson of Gladewater injured her knee at work and has experienced severe pain.

Betty Andreas of the Kansas City area died on April 28. She and her husband, Ed (who died at the age of 90 on Aug. 2, 2020), had been associated with our congregation via cassettes, DVDs and the Internet since the 1990s. Please remember the family in your prayers.

Eye on the World

- An article by Ben Carson and Kristi Noem titled "Biggest Cultural Challenge of Our Lifetime: Defeating Anti-American Indoctrination" was posted at foxnews.com on May 3, 2021.
- An article by Matthew R.J. Brodsky titled "When Everything Is Racist, There's No Room for Reason" was posted at newsweek.com on April 22, 2021.
- An article by Dominick Reuter titled "1 in 5 Electric Vehicle Owners in California Switched Back to Gas Because Charging Their Cars Is a Hassle, New Research Shows" was posted at businessinsider.com on April 30, 2021.
- An article by Wes Wilson titled "Olympics Bans 'Black Lives Matter' Apparel, Could Punish Athletes for Social Protests" was posted at kxan.com (Austin, Texas) on May 4, 2021.

From church bulletins

"At the evening service tonight, the sermon topic will be 'What Is Hell?' Come early and listen to our choir practice."

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"Surviving in an Angry World—Part 3"

This article is from the "Among Friends" section of the Church of God Big Sandy's website, churchofgodbigsandy.com. It was posted for the weekend of May 8, 2021. (The article was previously posted Feb. 22, 2014.)

By Dave Havir

IG SANDY, Texas—On April 24, I began a series to mention concepts from a book titled *Surviving in an Angry World*. The book was written in 2010 by Charles Stanley.

This is the third installment.

On page 57, Dr. Stanley wrote: "The roots of a person's anger can run very deep. Anger's history can reveal a lifelong struggle to overcome resentment, bitterness, and hostility. And the reasons for a person's anger may or may not be justified.

"Here are seven roots of anger that I invite you to explore and submit to deep consideration and prayer."

1. Blame and shame

On page 58, Dr. Stanley wrote: "The blame game finds its roots in anger . . . Blame is easy. Taking responsibility is hard. Anger is easy. Self-control is hard . . .

"Very close to blame is shame—feeling disgraced, dishonored, unworthy, or embarrassed. We usually experience shame when someone else points out our bad behavior."

2. Pride

On page 61, Dr. Stanley wrote: "Many people become angry when they do not get the attention or recognition they feel they deserve.

"This aspect of pride spins out of control when a person wants the fame and adoration that are owed to God."

3. Insecurity

On page 62, Dr. Stanley wrote: "The more insecure people are, the easier it is for them to feel anger. Why? Because insecurity is often related to feelings of low self-worth that come from rejection, fears (especially fear of loss), disappointment and feelings of inadequacy...

"Insecurity in most people results from not experiencing the love that was needed and desired when they were children."

4. Dreams deferred or denied

On page 63, Dr. Stanley wrote about a man who had dreamed of being a medical doctor,

but his father influenced him to stay on the family farm and work.

On page 64, Dr. Stanley wrote: "This man held on to his rage until the last days of his life . . . The poisons of resentment and bitterness continued to eat away at him . . . Anger and bitterness poisoned his entire life."

5. Lies and cover-ups

On page 64, Dr. Stanley wrote: "Sometimes a kernel of a lie is at the core of anger... If what was said was true, how much time and energy did you waste railing against the rumor rather than addressing the truth and making the changes necessary to live a godly life?"

On page 67, Dr. Stanley wrote: "Anger based on rumors, partial truth, or a full-blown lie can take you down a long, dark road of disappointment, frustration, and heartache. Confronting the truth may be painful, but the alternative is far worse."

6. Brain dysfunction

On page 67, Dr. Stanley wrote: "A root of anger that is more common than many people realize is brain dysfunction or mental illness. Brain dysfunction may be the result of a degenerative disease or an accident. Or the brain may function improperly due to a chemical imbalance present from birth that may manifest itself as mental illness. Or it might be self-inflicted through alcohol and drug use.

"We are wise to recognize that some people have lost the ability to control their anger as a result of an accident, injury, disease, or addiction. Any of those things can destroy brain cells or compromise brain function."

7. Chemical addiction

On page 69, Dr. Stanley wrote: "Even as we consider brain dysfunction, we are wise to recognize that certain chemicals are poison to the brain. Alcohol is one of them. A number of other drugs and medications are toxic to the brain when used in great quantity or over great lengths of time."

Dr. Stanley wrote that even if a person does not become an addict, small amounts of alcohol or drugs can have noticeable effects on a person's behavior.