

PSALM 57

2/15/25

- Today – Opportunity to give a Bible study
 - Recently – I have written for my “Among Friends” articles – about trust
 - January 18 “Trust the Lord – 2 Samuel 22”
 - January 25 “Trust the Lord – Psalm 37”
 - February 1 “Trust the Lord – Psalm 40”
 - February 8 not about trust
 - Today “Trust the Lord – Psalm 57”
 - Title – “Psalm 57”
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- Let’s go to Psalm 57

Psalm 57 inscription – “A Michtam of David when he fled Saul into the cave”

- Before we read any further – let’s get some background information
- David was chosen to be king

1 Sam. 16:1	the Lord told Samuel that He would provide a king from the sons of Jesse
5	Jesse and his sons were consecrated – invited to a sacrifice
10-11	Jesse made 7 of his sons pass before Samuel – before bringing youngest
12-13	Samuel anointed David – in midst of his brothers
14-23	Saul was troubled by a distressing spirit “from the Lord” – skillful harp

- David battled Goliath

1 Sam. 17:1-16	when the Israelites and the Philistines gathered for battle, a champion soldier (Goliath) challenged the Israelites for 40 days to produce a warrior
26	“who is this uncircumcised Philistine, that he should defy the armies of the living God?”
33-37	David convinced Saul – to let him challenge Goliath
51	when the Philistines saw that their champion was dead – they fled

- Saul became jealous

1 Sam. 18:5	Saul set David over the men of war
6-9	women celebrating David – jealous Saul was very angry

- Saul threw a spear at David

- 1 Sam. 18:11 threw a spear at David – twice
 29 Saul was still afraid of David – so Saul became David’s enemy continually
- 1 Sam. 19:9 Saul had a spear in his hand
 10 Saul sought to pin David to the wall with the spear
- Saul threw a spear at Jonathan
- 1 Sam. 20:13 Jonathan hatched a plan to communicate to David – whether he was safe – or whether he should hide
 16 Jonathan made a covenant with the house of David
 28-31 Saul proclaimed – “send and bring him to me, for he shall surely die”
 32-33 why do you want to kill David? – Saul threw a spear at Jonathan
 42 Jonathan told David – get away from Saul
- David went to a priest
- 1 Sam. 21:1 went to the priest in Nob (Ahimelech) – priest asked if David was alone
 2 David lied – saying he was on business from the king and that the men were at a nearby location
 3-4 David asked for bread – the priest asked if his men kept themselves from women
 5-6 after David said the men (allegedly at a nearby location) had not been with women for 3 days – the priest gave David holy bread
- Matt. 12:1-4 when the Son of God recalled the historical account – He did not criticize David for making the request or the priest for breaking the law
- Temporarily alignment with King Achish
- 1 Sam. 21:10 king of Gath (Achish) – forged an alliance with a mutual enemy of Saul
 11-12 when David saw that the servants of King Achish were suspicious of him, David became concerned about how Achish would respond to him
 13-15 to escape the situation, David pretended to be insane
- At first glance, this plan seems to be quite clever – but wait a minute. Isn’t this the same man who was not afraid of the giant Goliath? Why was he now afraid?
 “Focus on giants, you stumble. Focus on God, giants tumble.”
- Now, to the cave
- 1 Sam. 22:1 David departed from Gath and escaped to the cave of Adullam
 Psalm 57:1-11 David said