

POSITIVE ENERGY – Part 1

1/3/24

- Tonight – Opportunity to give a Bible study
 - Comment – Starting a new series
 - Title – Positive Energy – Part 1
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- Some basic premises

1. We are born with positive energy
 2. We are immediately receptive to negative energy
 3. There are factors which cause our energy level to be more positive or more negative
 4. It is important to recognize how dangerous negative energy is to person
 5. It is important to understand how to grow and to maintain positive energy
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- Following are 3 sources of positive energy
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1. The breath of life

- (“sama” – Strong’s #5397 – breath, blast of breath – by extension “life, life force, spirit”)

Gen. 2:7 the Lord God breathed into his nostrils the breath of life
Job 33:4 the Spirit of God has made me – the breath of the Almighty gives me life

- (“ruah” – Strong’s #7307 – breath, wind – by extension “spirit” – “spirit” 227 times, “wind” 81 times and “breath” 27 times)

Psalms 18:15 the channels of waters were seen & the foundations of the world were discovered at your rebuke, Oh Lord, at the blast of the breath of your nostrils
Psalms 33:6 by the word of the Lord were the heavens made – and all the host of them by the breath of His mouth
Psalms 104:29 if You take away their breath, they die and return to their dust
Psalms 146:3-4 don’t put your trust in people, because they can’t help you – when their breath returns to the earth, in that very day, their thoughts perish
Eccles. 3:19 surely people and animals have one breath
· (By the way – some people use Genesis 2:7 to promote their view

that life begins at receiving the breath of life and therefore they say that the Bible doesn't teach against abortion)

Psalm 139:13 you covered me in my mother's womb
Jer. 1:4-5 the word of the Lord came to me saying – "before you were born, I knew you, I ordained you a prophet to the nations"
Luke 1:41 when Mary greeted Elizabeth, the baby leaped in her womb

2. The Spirit in man

Gen. 2:20 cattle, birds of the air and every beast of the field – no helper comparable
1 Cor. 2:11 how does a person know the things of a man? – the spirit of man in him

3. The Spirit of God

Rom. 8:16 the Spirit of God bears witness with our spirit
1 Cor. 2:11 no one knows the things of God – except by the Spirit of God
 12 warning – we have not received the spirit of the world
John 3:8 analogy of the Spirit of God – wind blowing
John 7:38-39 analogy of the Spirit of God – water flowing

- Positive energy – flowing in from God
 Positive energy – flowing out to others
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· Questions to consider

What kind of energy is flowing into your life? – Positive or negative?
 Recognize negative energy coming toward you
 Recognize positive energy coming toward you
What kind of energy is flowing out from you toward other people?
 Recognize negative energy from you reaching out toward other people
 Recognize positive energy from you reaching out toward other people

How do you receive positive energy from God into your life?
How do you stop negative energy from creeping into your life?
How do you stop positive energy from God seeping out of your life?
How well are you sharing positive energy from God with other people?

· Tonight has been.....Positive Energy – Part 1