

EMOTIONAL BANK ACCOUNT – Part 5
Disciples Need to Make Deposits Into the Lives of People
12/11/24

- Tonight – Opportunity to give a Bible study
 - Comment – I will continue with my series about the “Emotional Bank Account”
 - Tonight’s title – “Emotional Bank Account – Part 5”
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- In the first 3 presentations in this series – we focused upon God’s involvement in our lives
- In the 4th presentation – we focused upon our situations where WE make positive withdrawals from Emotional Bank Accounts
- In this 5th presentation – we are going to focus on making deposits into the Emotional Bank Account of other people

Part 1 Subtitle – “Father and Son Make Deposits Into Your Emotional Bank Account”

Part 2 Subtitle – “God Made Positive Withdrawals From Christ’s Emotional Bank Account”

Part 3 Subtitle – “God Makes Positive Withdrawals From Disciples’ Emotional Bank Accounts”

Part 4 Subtitle – “Situations Where Disciples Make Positive Withdrawals From People”

Part 5 Subtitle – “Disciples Need to Be Making Deposits Into the Lives of People”

- Let’s notice the reminder from Stephen Covey

Stephen Covey wrote about “the Emotional Bank Account” in his book “The 7 Habits of Highly Effective People.” Following are some excerpts.

On page 188, Covey wrote: “We all know what a financial bank account is. We make deposits into it and build up a reserve from which we can make withdrawals when we need it. An Emotional Bank Account is a metaphor that describes the amount of trust that’s been built up in a relationship. It’s the feeling of safeness you have with another human being.

“If I make deposits into an Emotional Bank Account with you through courtesy, kindness, honesty, and keeping my commitments to you, I build up a reserve. Your trust toward me becomes higher, and I call upon that trust many times if I need to. I can even make mistakes and that trust level (that emotional reserve) will compensate for it.”

- Tonight – Help you make deposits in the lives of other people
(Treating people well = making deposits)
- Next week – Help you deal with negative withdrawals that people make toward you

(Handle adversity well = dealing with negative withdrawals)

- Tonight, we will look at 8 sections of Scripture – as we discuss the concept about deposits in an “Emotional Bank Account”
- First 2 sections of scriptures – 2 different collection of traits

Exod. 20:12-17 instructions – how to love people

- honor your parents
- not murder = promote life
- not commit adultery = loving your mate
- not steal = giving
- not bear false witness = promote truth & honesty
- not covet = be a giver

James 3:17-18 wisdom from above

· pure	· full of mercy
· peaceable	· full of good fruits
· gentle	· without partiality
· willing to yield	· without hypocrisy

- The next 4 scriptures – specific examples of deposits

Luke 10:30-37 physical help – the good Samaritan
Job 2:13 spending time – the 3 friends came to support Job
John 8:1-11 defending the guilty – the Son of God defended the woman
2 Tim. 1:16-18 emotional support – Onesphorus

- Last 2 scriptures – remind you about a Biblical approach

Matt. 7:12 give how you like to receive
 whatever you want people to do to you – do to them
Phil. 2:3 give how the other person likes to receive
 esteem others better than yourself

- The 5 Love Languages – by Gary Chapman
 1. Words of Affirmation
 2. Quality Time
 3. Receiving Gifts
 4. Acts of Service
 5. Physical Touch