

6/5/22

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\*The Lens Principle -- Who we are, determines how we see others. Our perception of others depends more upon our attitude, than it does upon their characteristics. If we are positive, we see them

as positive.

Matt. 7:1-5                    speck -- beam

\*The Pain Principle -- Hurting-people tend to hurt other people. Our negative experiences and our emotional baggage color our perception of others' actions. Normal interactions can cause us pain, even when another person did nothing to inflict pain.

Luke 4:18                    poor -- brokenhearted -- proclaim liberty to the  
                                 captives -- sight to the blind -- set at  
                                 liberty those who are oppressed

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\*        Outside-and-Inside Principle  
\*Goal -- Outside Behavior -- Inside Power

\*        6 quick examples

Num. 15:38-40                tassels -- remember the commandments

Matt. 6:1-4                   giving

          5-13                prayer

          16-18              fasting

John 13:1-17                footwashing

1 Cor. 11:23-25 symbols -- broken bread & wine

\*        1 final example

\*        Tongue -- Combination of outside-inside

Prov. 10:19                 he who restrains his lips -- wise

Prov. 17:27                 spares his words -- is of a calm spirit

          28                 when he holds his peace -- shuts his lips

Prov. 25:28                 no rule over his own spirit -- city broken

Matt. 12:34                 out of the abundance of the heart -- the tongue  
                                 is a reflection of our heart

          35                 good treasure of heart -- evil treasure

James 3:17-18              wisdom from above -- fruit of righteousness

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\*        Final reminder -- Faith, Hope & Love

Harry Truman (the 33rd president of the United States) once said:  
The worst danger we face is the danger of being paralyzed by doubts & fears. This danger is brought on by those who abandon faith and sneer at hope. It is brought on by those who spread cynicism and distrust and try to blind us to our great chance to do good for all mankind.

**Fear**

**Faith, Hope & Love**

Weakens  
Imprisons  
Paralyzes  
Disheartens  
Sickens

Strengthen  
Liberate  
Empower  
Encourage  
Heal