

### 3 SITUATIONS FOR FASTING

9/16/21

- \* Today -- Opportunity to give a sermon on Day of Atonement
- \* Purpose of sermon -- "3 Situations for Fasting"
- \* FYI -- (I listed the same 3 purposes on 8/24/19)

\*In a sermon last Saturday, I concluded with comments about the "Value of Fasting -- which included 3 sections of scripture

Matt. 6:16-18	fasting before God
Matt. 9:14-17	a time when His disciples will fast
Luke 18:9-14	not a ritual -- helping a relationship

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* Chronological approach	BEFORE -- DURING -- AFTER
* Interesting approach	AFTER -- DURING -- BEFORE

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#### 1. AFTER A SIN -- DEEPER REPENTANCE

1 Sam. 7:6	Samuel -- we have sinned against God
1 Kings 21:27-29	Ahab -- humbled himself before God
Ezra 10:1-6	Ezra -- we have trespassed against our God
Neh. 1:4-11	Nehemiah -- confess sins of children of Israel
Neh. 9:1-3	children of Israel -- confessed & worshipped
Jer. 36:6-9	Jeremiah told Baruch to read -- day of fasting
Dan. 9:3-19	Daniel -- we have sinned
Acts 9:9	Saul -- responding to the confrontation

#### 2. DURING A TRIAL -- SEEKING HELP DURING A TRIAL

Judges 20:21-26	Israel -- after being defeated twice by the Benjamites, the children of Israel went to the house of God and fasted
2 Sam. 12:15-23	David -- beseeching God for his sick son
2 Chron. 20:3-4	Jehoshaphat (Judah) -- approaching army
Ezra 8:21-23	Ezra -- seeking protection
Esther 4:1-3	Mordecai and the Jews -- mourning
16	Esther and the Jews -- before visiting the king
Joel 1:14	Joel quoting God
Joel 2:12-14	Joel quoting God -- turn unto Me
Jonah 3:5-10	people of Nineveh -- turned from their evil way
Matt. 17:21	leaves only by prayer & fasting

#### 3. BEFORE AN EVENT -- CONNECTING WITH OUR FATHER

Exod. 34:28	Moses -- receiving the 10 Commandments
Matt. 4:1-11	Christ in the wilderness

Isaiah 58:3-11

serving God and man