

## FASTING -- TO MAKE A CONNECTION WITH OUR FATHER

9/28/20

- \* Today -- Opportunity to give a sermon on the Day of Atonement
  - \* Title -- Fasting -- to Make a Connection With Our Father
- 

—

- \* Let's begin by asking a question
- \* Why do disciples fast on the Day of Atonement?

Lev. 16:29,31           afflict your souls  
Lev. 23:27,29,32       afflict your souls  
Heb. 9:7               into the second part -- the high priest went alone  
                            -- once a year -- with blood  
          8             into the Holiest of All

- \* No physical temple
  - \* No physical priesthood
  - \* No physical sacrifices
  - \* Why do disciples fast on the Day of Atonement?
- 

—

- \* 2 Reminders
- \* Sermon on 8/24/19 -- "3 Reasons for Fasting"
- \* Sermon on 9/26/20 -- I talked about the same 3 Reasons for Fasting

### 1. After an Event -- Accompanying Repentance

Nehemiah 1:4-11 Nehemiah -- confess sins of children of Israel  
Daniel 9:3-19       Daniel -- we have sinned

### 2. During an Event -- Seeking Help

2 Sam. 12:13-23 David -- beseeching God for his sick son  
Esther 4:1-17       Mordecai and Esther

### 3. Before an Event -- Connection with our Father

Matt. 4:1-11           the Son of God in the wilderness  
Matt. 6:16-18         a private matter with God, rather than a public  
                            display in an effort to impress people  
Matt. 9:14-17         the disciples of the Son of God did not fast while  
                            He walked the earth with them

---

—

- \* Contrasting fasts

Isaiah 58:3-5  
6-7

no changes  
changes -- serving God and man