

HEALING IS A CHOICE

9/1/18

- * Purpose of sermon -- "Healing is a Choice"
 - * Historical footnote -- Jim Moran often gave me books (with the hope of me including some of the ideas in a sermon)
 - * One of those books was titled "Healing Is A Choice" by Stephen Arterburn that was published in 2005
 - * Mr. Moran died on June 18, 2012 -- and I included some of the ideas in the book to the congregation on 6/30/2012
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- * Let's acknowledge a foundational concept

--Powerful healing comes from God

- * I believe it is true -- that God created the body to heal itself -- (supporting the concept that healing comes from God)
- * Sometimes people need a deeper healing from God

Psalm 103:1-4 bless the Eternal

- * forgives your iniquities
- * heals your diseases
- * redeems your life from destruction
- * lovingkindness and tender mercies

Psalm 147:1-3 praise the Eternal -- heals the broken-hearted

 -- binds up their wounds

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- * Let's acknowledge another foundational concept

 -- The Power of Choice

Deut. 30:15-20

 15 I have set before you -- life & good -- death

 & evil

 19 I have set before you -- life & death, blessing

 & cursing -- choose life

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*Excerpts from "Healing Is A Choice"

He wrote: "Your healing may be physical or it may be emotional, and it could be spiritual. I don't know what God has for you. I am confident, however, that if you make the healing choices presented here and counter the lies you need to stop living, you will experience some level of healing to a new degree.

"When Jesus met the man at the pool of Bethesda, He asked if he wanted

to be well. Fortunately, the man did want to be well, and when Jesus told him to pick up his mat and walk, he did. He was healed after thirty-eight years. How long has it been for you?"

Chapter 1

First Choice: The Choice to Connect Your Life

First Big Lie: "All I need to heal is just God and me."

Chapter 2

Second Choice: The Choice to Feel Your Life

Second Big Lie: "Real Christians should have a real peace in all circumstances."

Chapter 3

Third Choice: The Choice to Investigate Your Life in Search of Truth

Third Big Lie: "It does no good to look back or look inside."

Chapter 4

Fourth Choice: The Choice to Heal Your Future

Fourth Big Lie: "Time heals all wounds."

Chapter 5

Fifth Choice: The Choice to Help Your Life

Fifth Big Lie: "I can figure this out by myself."

Chapter 6

Sixth Choice: The Choice to Embrace Your Life

Sixth Big Lie: "If I just act as if there is no problem, it will finally go away."

Chapter 7

Seventh Choice: The Choice to Forgive

Seventh Big Lie: "Forgiveness is only for those who deserve it or earn it."

Chapter 8

Eighth Choice: The Choice to Risk Your Life

Eighth Big Lie: "I must protect myself from any more pain."

Chapter 9

Ninth Choice: The Choice to Serve

Ninth Big Lie: "Until I am completely healed and strong, there is no place for me to serve God."

Chapter 10

Tenth Choice: The Choice to Persevere

Tenth Big Lie: "There is no hope for me."

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Luke 18:13 choose -- "God be merciful to me a sinner"

Gal. 2:20 choose -- to be crucified with Christ

Job 42:1-6 choose -- to see yourself and to see God
Phil. 4:13 choose -- to do all things through Christ who
strengthens you
 11-12 how to be abased -- how to abound
Col. 3:1-3 choose -- to seek those things which are above